

Lake Superior Village Youth and Family Center News

August 2010

Youth Center Summer Hours

Mon – Fri
1:00 pm – 4:00 pm
*Thursdays are field
trip days. The Youth
Center is only open to
children signed up.*

Points of Interest

LSV YFC Closings
None

Birthday Club
August 27
2:30 pm

Back to School Party
August 27
6 pm -9 pm all ages
9 pm -8 am
9 and up only

Econo Receipts

Please remember to
save your receipts
and hand them in to
the Youth Center.

For complete
YMCA happenings,
check out our
website.
www.ymcamqt.org



We build strong kids,
strong families,
strong communities.
www.ymcamqt.org
Phone: 906-227-9622
LSV YFC: 906-228-3771

Field Trips

August 5 – Lakenenland
August 9 – Kayaking
August 12 – McCarty's Cove
August 19 – Children's Museum
August 26 – YMCA

A permission slip must be signed and turned in the day before each trip to ensure your child's spot. Those turned in on the day of the trip may be turned away. If field trips change an update will be sent home.

Ladies of the Lake

Ladies of the Lake is a women only sea kayak symposium with attendance from around the country. Activities include classes from certified instructors, paddling tours in the Marquette area and presentations from paddlers who have traveled the world. It takes place at South Beach in Marquette.

They have generously offered to take young ladies who are associated with the YMCA and Lake Superior Village for a kayaking lesson. For the safety of the children all participants must be at least 4'7" and 80 lbs. All necessary equipment, including safety equipment, will be provided by the YMCA. This is a great opportunity for your daughter to experience the world of sea kayaking.

Youth will be picked up at LSV YFC at 9:15am and brought back by 12:45pm. There are limited spots available for this free opportunity. Please let Karen know as soon as possible if your daughter plans to attend.

Community Garden

The garden is in and we are still looking for families to adopt a garden bed. This will require the family to watch over the garden while the Youth Center is not in operation and reap the benefits of delicious, fresh, healthy food. The garden is being supported by a Healthier Building Communities grant from the Michigan Dept of Community Health. If you can help please contact Karen.



National Noon Out Block Party

August 6, 2010
1:30 pm - 4:30 pm

There will be fun, food and games for the whole family to enjoy!

Our party's focus is neighborhood safety. We hope to have local police officers and firefighters attend.

Bike safety workshop from 1:30 to 2:30 pm complete with **free bike helmets** for the first 25 children.

Children's Museum

The Marquette Children's Museum has given us forms for free year long family memberships. You can get these forms at the Youth Center if you are interested.

Monthly Health Tip

Instead of buying flavored water try cutting up lemons or cucumbers and add them to your water for a healthy delicious treat.



Questions?

If you have any questions, comments, or concerns call LSV Youth and Family Center Supervisor Karen Kasprzak **228-3771** or send an e-mail kkasprzak@ymcamqt.org.